



www.MonroeSportsCenter.Com/COACHANDREW

Teacher's Convention Basketball Clinic *November 5th and 6th*

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|--------------------|------------------------------------|
| 9:00 | Registration and Attendance |
| 9:15 | Camp Introduction |
| | Rules |
| | Expectations |
| 9:20 | Dynamic Stretching |
| 9:27 | Partner Dribbling |
| | Moving |
| 9:40 | Form Shooting |
| 9:55 | Catch and Shoot |
| | 10 and Rotate |
| <i>Water Break</i> | |
| 10:15 | Swing to Dribble Hand Off |
| | Dribble Hand Off for Score |
| | Roll Scores |
| | Pop Scores |
| 10:35 | Hitting the Flash |
| | Turn and Face for Score |
| | Hit Backdoor from Wing |
| | Swing and Follow for Ball Screen |
| <i>Water Break</i> | |
| 10:55 | Morning Games |
| 11:40 | Lunch |
| | Morning Only Do Free Throws |
| 12:15 | Afternoon Only Kids do Free Throws |
| 12:30 | Finishing Around the Rim |
| | Post Up Moves |
| | Kareem Shake |
| | Blake Griffin Hook |
| | Dirk Fade |
| | Westbrook Spin Fade |
| 12:50 | Full Speed Stop for Shot |
| | Stop and Shoot |
| | Cross for Shot |
| <i>Water Break</i> | |
| 1:10 | Closeout Shooting Drill |
| 1:30 | 1 on 1 Tournament |
| 2:00 | Afternoon Coaching Session |
| 2:10 | Afternoon Games |